



**Saint Catherine's Vision**  
Building Up the Body of Christ

*“Divine Compassion and Christ in the Everyday”*  
**An SCV Outreach Ministry via Teleconferencing**

*Living the Beatitudes and Christ in the Everyday Blog Submissions*

Submitted by Anberin Pasha  
Group E Friday 10AM  
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**Carving a Space for our Lord**

We were beginning our ascent up the mountain towards our Lord. Our pathway, the Beatitudes. The road seemed steep at first, and I, a bit unsure of my footing as we began our journey together. There's this sense of anticipation that always builds up as Friday approaches, what will we discover? What is our Lord preparing for us? We started at the baseline “Blessed are the poor in spirit”.

Childhood memories and confessions nuanced by deep spiritual work infused our everyday struggles and permeated our reflections. We recognized these struggles for what they were, the Lord teaching us through each other to drop our burdens, as one member of our group gave voice through her experiences. As she spoke she was letting go of the heaviness and felt and appeared visibly lighter. Perhaps some of us may have dropped our load as well as it often happens when we grow together in Christ.

A recognition that we had burdened ourselves with more than we could carry became a recurring theme. Our daring self-sufficiency and our desire to control events fell by the wayside as we made our ascent together.

I was feeling weightless as we finished our meeting, something incredible had just happened although at the time I could not quite put it into words. A few days later it dawned on me just what had transpired.

We had deepened through each other's memories and experiences and had together carved out a space for our Lord in our hearts.