

In today's Gospel, Mark 2:1-12, we hear of the paralytic who was healed by Christ. We find that the paralytic and those who brought him to the home where Christ was took an extreme measure to get him into the home because of the multitude of people all around, they couldn't get through. Once lowered in from the roof, Christ was amazed by all their faith, and the man was healed. The paralytic got up and walked out, and all stood in awe for they never saw anything like that before.

Dearest ones, on this the Second Sunday of Great Lent, this Gospel is focusing on three main points. First, we must come to Christ with faith and love allowing Him to heal us from our spiritual paralysis. Second, we should let nothing deter us from having a relationship with Christ because he can heal us both body and soul. Lastly, we must help one another come to Christ for one Christian is no Christian.

Today, we also celebrate, Saint Gregory of Palamas who protected Orthodoxy in the 14th century. He wrote regarding this pericope, "If anyone is looking for the right season to practice virtue, it is now; in these forty days. Our whole life is intended as a suitable means of attaining salvation, but this season of fasting is more especially so." Let us during Great Lent help one another come closer to God, for in Him we will find healing of our souls and bodies. We too, will then stand in awe of God's mercy giving all praise, honor, and glory, to the Father, and the Son, and the Holy Spirit, now and always and forever and ever, amen.